

## WARM DISHES

Create your own bowl/plate out of dishes from the Food Bar on this page

Bowl (to go) (eat in)	Small 360ml	Large 750ml
	4,90	9,55



### 19 | Vega Bhaji

Bhaji with cauliflower, potato, carrot, pea with mild Indian spices



### 20 | Sweet Soy Mushroom

Mixed mushroom with red onion, lentil in soy sauce and date syrup and steamed broccoli



### 21 | Madras Curry with Vegan Chicken

Madras curry, vegan chicken, peas, spinach, soy yogurt, tomato sauce and almond shavings



## FOOD BAR COMBI DEAL

	+		+		=	From 15,20
Soup		Large bowl/ Regular plate		Soda / Beer / Coffee / Tea		14,80 (eat in) 13,80 (to go)

## SOUPS

	/		/		3,75
Tomato		Pumpkin		Thai coconut	



VBB Health Score gives an indication of the healthiness of the product based on the ingredients and additives used. For additional information go to our website.

1-10

## WARM DISHES



### 22 | Thai Red Coconut Curry

Thai red coconut curry with pumpkin, green bean, tofu and spring onion



### 23 | Fried Tofu, Green Beans in Peanut Sauce

Fried tofu with green bean, black bean and peanut and peanut sauce



### 24 | Zucchini, Bell Peper with Lemon Oil

Zucchini, bell peper, mushrooms and lemon oil



### 25 | Mushroom "Ham" Cream Pasta

Mixed mushrooms, sour cream, vegan ham, fresh parsley



## FOOD BAR SUSHI



Choice of different Sushi's at the Food Bar

## FOOD BAR INFO

12:00 - 14:30	Food Bar fully available
14:30 - 17:00	No warm dishes available
17:00 - 20:00	Food Bar fully available
20:00 - 20:30	While supplies last
	App "Too Good To Go"
	Large bowl / Regular bowl for the price of a small bowl / small plate

The dishes on this page are subject to change. To guarantee freshness and to avoid waste, we offer the Food Bar with a 66% discount via the app "Too Good To Go".

## SALADS



### 26 | Thai Salad with Lime Dressing

Pointed cabbage, red cabbage, carrot, coriander, mint and sesame lime dressing



### 27 | Beetroot, Apple and Radish

Beetroot, radish, apple, red onion, quinoa, arugula in red wine vinegar and agave syrup



### 28 | Pearl couscous with herbs

Pearl couscous, red bell peper, corn, fresh herbs, cucumber, cashew nuts and mustard dressing



### 29 | Spinach Salad with Roasted Beetroot

Spinach, cooked beetroot, vegan feta, spinach, orange and red chili pepper



### 30 | No-Tuna "Tuna" Pasta

Tuna spread (chickpeas, nori, capers, mayonnaise), roasted bell peppers, artichokes, capers, apples, olives, fresh herbs



## ALLERGIES AND INTOLERANCES

Do you have food allergies or intolerances? Our dishes are prepared in the kitchen where allergenic ingredients are present. So, although it says "Gluten free", we cannot guarantee that our dishes are 100% free of these allergens.



1-10 VBB Health Score

Prices are subject to change due to printing errors and price changes  
Version 1.7, June 15th 2020

VEGAN  
BAMBOO  
BAR

Now is the Time, Time to Change

100% Vegan  
Fast Food Restaurant

More than twenty vegan warm dishes  
and fifty vegan products

STATIONSPLEIN 85  
3511 ED UTRECHT  
Between Utrecht Central Station and  
Hoog Catharijne

OPENING HOURS  
Monday - Sunday  
12:00 - 22:00

WWW.VEGANBAMBOOBAR.COM

## BURGERS



01 | Red Beet Bean Burger 9,55

**Patty** (coarsely grounded, few binding agent): red kidney beans, beets, red rice, madras, miso and coconut blossom sugar  
**Garnish:** beets, spinach, avocado, alfalfa sprouts, mango chutney and coriander mayonnaise

6



02 | Samphire, Tofu and Pea Burger 9,55

**Patty** (coarsely grounded, few binding agent): samphire, tofu, peas, coriander and ginger  
**Garnish:** iceberg lettuce, daikon, crispy seaweed, beetroot sprouts and wasabi mayonnaise

6



03 | Walnut Mushroom Burger 11,55

**Patty** (coarsely grounded, few binding agent): walnuts, mushrooms, onions, lentils, garlic and rosemary  
**Garnish:** tomato, iceberg lettuce, sauerkraut, pickle, beetroot sprouts, vegan cheese, ketchup and vegan mayonnaise

6



04 | Chickpea & Quinoa Burger 9,55

**Patty** (finely grounded, compact): chickpeas, quinoa, zucchini, basil, coriander, spring onions, onions and smoked paprika  
**Garnish:** avocado, iceberg lettuce, beetroot sprouts, fried onions and hummus mayonnaise

6

### BURGER COMBI DEAL



Burger

+



Potato Chips

=

From 14,50  
13,00

+



Soda / Beer  
Coffee / Tea

## BURGERS



05 | Miso Portobello Burger 9,55

**Patty** (finely grounded, compact): shiitake, portobello, smoked paprika, walnuts, brown rice, balsamic vinegar and sriracha  
**Garnish:** tomato, arugula, fried onions, pea sprouts and miso mayonnaise

6



06 | Smokey Tempeh Black Bean Burger 9,55

**Patty** (finely grounded, compact): tempeh, black beans, carrot, bell pepper, oregano, tomato paste, onions and garlic  
**Garnish:** spinach, daikon, grated carrot, sprout leek and smoked paprika mayonnaise

6



07 | Mundo Verde Teriyaki Burger 9,55

**Patty** (indistinguishable from meat): Mundo Verde  
**Garnish:** tomato, mixed lettuce, baked red onions, pea sprouts and teriyaki mayonnaise

5



08 | Beyond Meat Cheese Burger 11,55

**Patty** (indistinguishable from meat): Beyond Meat  
**Garnish:** tomato, iceberg lettuce, vegan cheese, red onion rings, pickle, beetroot sprouts, vegan mayonnaise and ketchup

5

### SIDES

5 Vegan Chicken Satay (2 skewers) 3,90

2 Potato Chips 2,95

3 Sweet Potota Chips 2,95

3 Peatata (Chickpea Chips) 3,50

3 Falafel (4 pieces) 3,50

## SANDWICHES TILL 17:00



09 | No-Tuna "Tuna" 4,90

Tuna spread (chickpeas, nori, capers, mayonnaise), tomatoes, red onions, mixed lettuce, and leek sprouts

6



10 | Scrambled "Egg" 4,90

Scrambled "egg" (tofu, bouillon, curcuma, black salt), tomatoes, red onions, mixed lettuce, and pea asparagus shoots

6



11 | Kimchi scrambled "Egg" 4,90

Scrambled "egg" (tofu, bouillon, curcuma, and black salt), kimchi (cabbage, ginger, garlic, and chili), miso mayonnaise, spring onions, and pea asparagus shoots

6

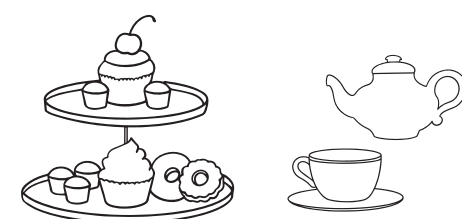


12 | Falafel Tahini 4,90

Falafel, tahini sauce, pickled vegetables, tomatoes, red onions, mixed lettuce, and leek sprouts

6

### HIGH TEA FOR TWO (SOON)



29,00

## DESSERTS

13 | Cakes from 2,75

Cakes from Sue and Rose & Vanilla



5

14 | Fruits from 2,50

Fruit cups, banana and apple (coming soon)



9

16 | Ice from 2,00

Abbot Kinney's, Vegan Magnum and Vegan Cornetto



6

17 | Yogurts from 3,95

Beet, banana, orange, pepper and coconut (coming soon)



6

### SMOOTHIES (COMING SOON)



9

Matcha  
Matcha, spinach, almond milk, chia 3,95  
Zen  
Banana, mango, orange and almond 3,95  
Beet It  
Beet, banana, orange, pepper and coconut 3,95

### COFFEE & TEA

Organic Coffee 2,50  
Organic Espresso 2,50  
Organic Cappuccino 3,00  
Organic Tea 2,25  
Organic Fresh Leaves Tea 3,00

### GRAB & GO

Drinks	Snacks
- Juices	- Nuts
- Soda	- Granola Bars
- Tap Beer	- Cookies / Crisps
- Wines	- Chocolates