

WARM DISHES

Create your own bowl out of dishes from the Food Bar on this page



15 | Indonesian Tempeh with Onions

Baked tempeh, onions, kaffir lime leaves in a mild Laos sauce, salam, lemongrass, tamarind, and Javanese palm sugar



16 | Vega Bhaji

Bhaji with cauliflower, potato, carrot, and pea with mild Indian spices



17 | Sweet Soy Mushroom

Mixed mushroom, red onions, lentils, soy sauce, date syrup, and broccoli



18 | Madras Curry with Vegan Chicken

Madras curry, vegan chicken, peas, spinach, soy yogurt, tomato sauce, and almond shavings



FOOD BAR COMBI DEAL



Soup

+



Large bowl/
Regular plate

+



Soda / Beer /
Coffee / Tea

=

From
~~15,30~~
From
13,80

SOUPS



Mushroom



Pumpkin



Thai coconut



3,75



VBB Health Score gives an indication of the healthiness of the product based on the ingredients and additives used. For additional information go to our website.

1-10

WARM DISHES

Bowl
To Go or Eat In

Small 360ml
4,90

Large 750ml
9,55



19 | Thai Red Coconut Curry

Thai red coconut curry with pumpkin, green bean, tofu, and spring onion



20 | Fried Tofu, Green Beans in Peanut Sauce

Fried tofu with green bean, black bean, peanut, and peanut sauce



21 | Zucchini, Bell Pepper with Lemon Oil

Zucchini, bell pepper, mushrooms, and lemon oil



22 | Mushroom "Ham" Cream Pasta

Mixed mushrooms, sour cream, vegan ham, and fresh parsley



23 | Vietnamese Lemongrass "Meat"

Vegan meat, green cabbage, carrots, baby corn, lemongrass, and chili



FOOD BAR SUSHI



Choice of different Sushi's at the Food Bar

The dishes on this page are subject to change. To guarantee freshness and to avoid waste, we offer the Food Bar with a 66% discount via the app "Too Good To Go".

SALADS



24 | Thai Vegan Shrimp Salad

Red cabbage, oxheart cabbage, carrots, glass noodles, vegan shrimps, mint, coriander, black sesame seeds with a sesame lime dressing



25 | Red Beet "Feta" Spinach with Balsamic Dressing

Spinach, quinoa, apples, red beets, red onions, radishes and vegan feta with a balsamic dressing



26 | Pearl couscous with herbs

Pearl couscous, red bell pepper, corn, fresh herbs, cucumber, cashew nuts and mustard dressing



27 | Mediterranean Bulgur Salad with Sun-Dried Tomatoes

Bulgur, cherry tomatoes, fresh herbs, sun-dried tomatoes, dried apricots, and roasted seeds mix



28 | No-Tuna "Tuna" Pasta

Tuna spread (chickpeas, nori, capers, mayonnaise), roasted bell peppers, artichokes, capers, apples, olives, and fresh herbs



ALLERGIES AND INTOLERANCES

Do you have food allergies or intolerances? Our dishes are prepared in the kitchen where allergenic ingredients are present. So, although it says "Gluten free", we cannot guarantee that our dishes are 100% free of these allergens.



Gluten free



Spicy



Organic



VBB Health Score

Prices are subject to change due to printing errors and price changes
Version 1.8, July 1st 2020

VEGAN
BAMBOO
BAR

Let food be thy medicine and medicine be thy food

100% Vegan
Fast Casual Restaurant

Enjoy more than twenty vegan warm dishes
and fifty vegan products
on our large sunny terrace





STATIONSPLEIN 85
3511 ED UTRECHT
Between Utrecht Central Station
and Hoog Catharijne

WWW.VEGANBAMBOOBAR.COM


OPENING
HOURS

Monday -
Sunday
12:00 - 22:00

HOMEMADE BURGERS


	01 Red Beet Bean Burger	9,55
6	Patty (coarsely ground, few binding agent): red kidney beans, beets, red rice, madras, miso and coconut blossom sugar Garnish: beets, spinach, avocado, alfalfa sprouts, mango chutney and homemade coriander mayonnaise	
	02 Smokey Tempeh Black Bean Burger	9,55
6	Patty (finely ground, compact): tempeh, black beans, carrot, bell pepper, oregano, tomato paste, onions and garlic Garnish: spinach, daikon, grated carrot, sprout leek and homemade smoked paprika mayonnaise	
	03 Walnut Mushroom Burger	11,55
6	Patty (coarsely ground, few binding agent): walnuts, mushrooms, onions, lentils, garlic and rosemary Garnish: tomato, iceberg lettuce, sauerkraut, pickle, beetroot sprouts, vegan cheese, ketchup and homemade vegan	
	04 Miso Portobello Burger	9,55
6	Patty (finely ground, compact): shiitake, portobello, smoked paprika, walnuts, brown rice, balsamic vinegar and sriracha Garnish: tomato, arugula, fried onions, pea sprouts and homemade miso mayonnaise	

BURGER COMBI DEAL



Burger

+




Potato Chips

=

From 14,50





13,00

+









Soda / Beer
Coffee / Tea





BURGERS

	05 Beyond Meat Cheese Burger	11,55
5	Patty (indistinguishable from meat): Beyond Meat Garnish: tomato, iceberg lettuce, vegan cheese, red onion rings, pickle, beetroot sprouts, ketchup and homemade vegan mayonnaise	
	06 Beyond Meat Miso Sesame Burger	11,00
5	Patty (indistinguishable from meat): Beyond Meat Garnish: Mixed lettuce, tomato, daikon, red onion rings, pea-asparagus sprouts, Japanese sesame sauce and homemade miso	
	07 Mundo Verde Teriyaki Burger	9,55
5	Patty (indistinguishable from meat): Mundo Verde Garnish: tomato, mixed lettuce, baked red onions, pea sprouts and homemade teriyaki mayonnaise	
	08 Double Mundo Cheese Bacon BBQ Burger	13,00
5	Patty (indistinguishable from meat): Mundo Verde Garnish: Mixed lettuce, tomato, vegan cheddar cheese, pickles, red onion rings, "bacon", pea-asparagus sprouts, sesame sauce and homemade miso mayonnaise	

SIDES





3	Vegan Chicken Satay (2 skewers) with 100% peanut sauce	3,90
2	 Potato Chips	2,95
3	 Sweet Potota Chips	2,95
3	 Peatata (Chickpea Chips)	3,50
3	 Falafel (4 pieces)	3,50
5	 Small Bowl Ginger Rice	1,95
5	 Small Bowl Curcuma Rice	1,95

SANDWICHES





	09 No-Tuna "Tuna"	4,90
6	Tuna spread (chickpeas, nori, capers, mayonnaise), tomatoes, red onions, mixed lettuce, and leek sprouts Crusty bread roll: served warm and crunchy	
	10 Scrambled "Egg"	4,90
6	Scrambled "egg" (tofu, bouillon, curcuma, black salt), tomatoes, red onions, mixed lettuce, and pea asparagus shoots Crusty bread roll: served warm and crunchy	
	11 Kimchi scrambled "Egg"	4,90
6	Scrambled "egg" (tofu, bouillon, curcuma, and black salt), kimchi (cabbage, ginger, garlic, and chili), homemade miso mayonnaise, spring onions, and pea asparagus shoots Crusty bread roll: served warm and crunchy	
	12 Falafel Tahini	4,90
6	Falafel, tahini sauce, pickled vegetables, tomatoes, red onions, mixed lettuce, and leek sprouts Crusty bread roll: served warm and crunchy	

SUSHI (COMING SOON)

DESSERTS

13 Cakes	from 2,75	14 Ice	from 2,00
Cakes from Sue, Vegan Bakery and Rose & Vanilla		Abbot Kinney's, Vegan Magnum and Vegan Cornetto	
	5		6
			

COFFEE & TEA

	Organic Coffee	2,50
	Organic Espresso	2,50
	Organic Cappuccino	3,00
	Organic Tea	2,25

GRAB & GO

- Alcoholic Drinks
- Self Tap Beer
 - Wines



- Drinks
- Juices
 - Soda



- Snacks
- Granola Bars
 - Cookies
 - Crisps

